2017 National Adaptive Academy - Clinic Descriptions Page 1 of 10

CLINIC FEES Half Day: \$35 All Day: \$70 AAM/PPM: FREE

LEGEND 200 Level: Newer Instructor or new to the topic

300 Level: Experienced Certified Instructor

400 Level: Supervisor or manager; All AAM and PPM sessions are included in the Member School Management Track

Trainer: Clinic leader or trainer at your school and Level 8 skiing skills or above

General Sessions: On snow clinics require Level 6 skiing skills or above. Indoor sessions have no prerequisites

\*On snow clinics have 10 participants maximum; bi-ski tethering allows 9 participants

\*Indoor clinics can have as many attendees as recommended by a presenter

\*Attendees will be asked to leave a class if the instructor determines they do not meet the minimum skill level for the course

\*Presenters will adhere to prerequisites and topic for value/service to attendees

## **ABBREVIATION KEY**

4-T = Four Track skiing Admin = Administration PI = Personal Improvement Monoski = use of mono sit ski BLV = Blind or Low Vision Biski = use of bi sit ski Snowboard = Snowboard Assists = Sit or stand Outriggers = Outrigger use Slider = Slider apparatus Ski Bike = Snow bike Nordic = Cross Country ski Teach = Teaching principles

MA = Movement Analysis Evaluation = Assess 3-T = Three Track skiing person/equipment

TIME	COURSE TITLE	COURSE DESCRIPTION	TOPIC	LEVEL	DECLUBEMENT	CAP
Tuesday 12/5 8:00am-9:00am	Concussion Discussion - PSIA Member School Managers and General Session	Hear about real-life experiences involving concussion, how to limit exposure to these incidents and protocols for getting athletes safely back into the sliding game. Companion Clinics: All AAM and PPM one-hour sessions.  Free!		General Session	None REQUIREMENT	50
Tuesday 12/5 9:30am-12:00pm ON SNOW	Ski Bike I: Guests w/ Single & Dual Diagnoses - General Session	Receive information and practice the basics of teaching and skiing the ski bike while exploring the possibilities offered by this apparatus to guests with various diagnoses from amputation to incomplete paraplegia. <b>Companion Clinic:</b> Ski Bike II Tuesday PM.	Alternative Tools	General Session	Level 6 or higher skiing or riding	10
Tuesday 12/5 9:30am-12:00pm ON SNOW	Develop Your Skiing Skills	Ski to learn about fundamental movements that are the foundation of all effective skiing and the pathway to guide you to your skiing goals. This clinic is for skiers with skill levels between 6 and 7.	PI	200	Level 6 skiing	10
Tuesday 12/5 9:30am-12:00pm ON SNOW	Snowboard Skills Session	Ride across the mountain with other boarders in an interactive skill enhancement session that is sure to help you put the right foot forward this season whether you ride goofy or regular!	Snowboard	200	Level 6 or higher riding	10
Tuesday 12/5 9:30am-12:00pm ON SNOW	4-Track Foundations	Receive an overview of skiing and teaching 4-track as you engage in ATS progressions for new learners, skill development activities and learn about commonalities between all outrigger disciplines and alpine skiing.  Companion Clinic: 3-Track Foundations Tuesday PM.	3-T/4-T	200	Level 6 or higher skiing	10
Tuesday 12/5 9:30am-12:00pm ON SNOW	First Tracks	Set yourself up for a season of skilled fun by filling your pockets with go-to drills and activities to keep your skiing skills sharp all winter. Lots of skiing, feedback exchange with clinic participants and smiles will round out this session.	PI	300	Level 7 or higher skiing and experienced or certified instructor	10
<b>Tuesday 12/5</b> 9:30am-12:00pm on snow	A New Phase in Outrigger Use Concepts	Ski the mountain with stand or sit riggers to learn about the three phases of contemporary outrigger use as presented in the new PSIA Adaptive Manual and how this positively affects progress.	Outriggers	300	Level 7 or higher skiing and outrigger teaching experience	10
Tuesday 12/5 9:30am-12:00pm on snow	Teaching Upper Level Skiers with Blindness or Low Vision	Teaching and guiding are often interpreted as being synonymous in lessons for people with blindness and low vision. Learn about untangling the two and how to employ teaching practices that will help your advanced skiers better understand concepts and activities in a lesson. Companion Clinics: Guiding Systems Review for Skiers and Snowboarders Tuesday PM; Movement Analysis While Guiding Skiers with Vision Loss Friday PM.	BLV	300	Level 7 or higher skiing and experience teaching skiers with blindness and low vision	10

Page 2 of 10		Legend: Genera Session	200 Level	300 Level	400 Level	Trainer
TIME	COURSE TITLE	COURSE DESCRIPTION	TOPIC	LEVEL	REQUIREMENT	САР
Tuesday 12/5 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Base Camp	This highly active clinic will cover lots of ground while connecting brains and bodies to PSIA's Fundamental Movements and the when, where, why and how of skill blending in milestone maneuvers of all adapted disciplines. At the end of this clinic you will more fully understand the technical similarities in adaptive disciplines and possess a map to lead you to future ATS lesson success.		200	Level 6 or higher skiing and basic knowledge of ATS	10
Tuesday 12/5 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Executive Insight	Explore Breckenridge with Nicholas Herrin, PSIA-AASI CEO, in a session that will help you to enhance your personal skiing and teaching skills. Nick's favorite thing to do is to get out and do what all teachers do best - explore through the adventures of education. This is also a great opportunity to learn about the current direction and vision of PSIA-AASI.	PI	300	Level 7 or higher skiing and experienced or certified instructor	10
Tuesday 12/5 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Skiing Fundamentals	Take an in-depth look at the 5 Fundamentals of Alpine Skiing, how they apply to all situations of skiing, and bring the Skills Concept to life. A PSIA Alpine National Team member will explore with you how interpretations of the skiing fundamentals can impact ski performance and coaching.	Technical	300	Level 7 or higher skiing and experienced or certified instructor	10
Tuesday 12/5 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Monoski: Teach and Assist Levels 1-3	This in-depth review of processes to ensure success for your monoskiers covers physical assessment, equipment selection and set-up, and the use of PSIA's fundamental movements to create a solid foundation to support skill development. Companion Clinics: Monoski: Teach and Assist Levels 4-6 Thursday AM/PM; Monoski: Teach and Assist Levels 7-8 Friday AM/PM.	Monoski	300	Level 7 or higher skiing and monoski teaching experience	10
Tuesday 12/5 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Hands-On Biski Tethering I	Practice bi-ski tethering with the pro's to learn more about tether management, hands on assists, emergency procedures, challenging snow conditions and changing terrain. Companion Clinic: Hands-On Biski Tethering Clinic II Friday AM/PM.	Assists - Sit	300	Level 7 or higher skiing and biski tethering experience	9
Tuesday 12/5 ALL DAY 9:30am-12:00pm 1:30-4:00pm INDOOR & ON SNOW	Skiing on the Spectrum	Increase your confidence and effectiveness when teaching people with autism by learning about the basics of Autism Spectrum Disorder (ASD), how ASD affects learning and behavior, strategies for managing challenging situations, and teaching successful lessons. This clinic will alternate indoor and outdoor venues all day.	ID .	General Session	Level 6 or higher skiing or riding	10
Tuesday 12/5 1:30pm-4:00pm ON SNOW	Snowboarding w/ Adaptations for Riders w/ Intellectual & Emotional Diagnoses	Learn about various intellectual and emotional disabilities, appropriate snowboard set-ups and adaptations, and effective methods for teaching and assisting guests with these diagnoses.	Snowboard	200	Level 6 or higher riding skills	10
<b>Tuesday 12/5</b> 1:30pm-4:00pm	Drills and Activities for Mixed Disciplines	Share your most effective developmental and corrective drills and activities for specific movement needs and practice those offered by other	Technical	300	Level 7 or higher skiing and experienced or	10

participants in this highly interactive clinic. The group will also adapt the drills for use in all skiing disciplines and understand why they positively

affect skill development in ATS.

certified instructor

Legend: General Session

200 Level

300 Level

400 Level

Trainer

TIME	COURSE TITLE	COURSE DESCRIPTION	TOPIC	LEVEL	REQUIREMENT	CAP
Tuesday 12/5 1:30pm-4:00pm ON SNOW	Single Ski Savvy: 3-Track Skiing	Apply fundamental movements of alpine skiing while you polish up your 3-tracking skills during this non-thigh-burning clinic on one ski or two. The group will select appropriate terrain for the clinic, review equipment selection set-up and use, and learn about new ways to help 3-track skiers advance their skills while having fun.	3-Т	300	Level 7 or higher skiing skills and, if skiing 3- track, ability to safely ski 3-track at minimum on advanced beginner terrain	10
Tuesday 12/5 1:30pm-4:00pm ON SNOW	Introduction to Biski Tethering Skills	Chairlift loading, seat assists, footwork and tether management on entry level terrain without the biski will be the focus for this hands-on introductory session on biski tethering skills. Companion Clinic: Biski Tethering Basics Friday AM/PM.	Assists - Sit	200	Level 7 or higher	9
Tuesday 12/5 1:30pm-4:00pm ON SNOW	Ski Bike II: Guests with Single and Dual Diagnoses	Instructors with solid foundations in teaching ski bike will be exposed to more dynamic movements and expanded use of the tool while riding on intermediate terrain and in varying conditions. <b>Companion Clinic: Ski Bike I Tuesday AM.</b>	Alternative Tools	General Session	Level 6 or higher skiing or riding	10
Tuesday 12/5 1:30-4:00pm ON SNOW	Guiding Systems Review for Skiers and Snowboarders	Review processes for determining guest goals, vision assessment, and understanding communication preferences. Participants will also learn about and practice various guiding systems that support skier and guide safety and goal attainment.	BLV	300	Level 7 or higher skiing or riding and guiding experience	10
Tuesday 12/5 1:30pm-4:00pm INDOOR	Seating Assessment and Solutions for Sit-down Skiers	Join the pros in the seating and skiing businesses to gain information and practice on performing basic physical assessments of sit-down skiers to understand how the guest's body works and select seating systems, materials and fitting processes will best ensure safety and success on the snow.	Evaluation - Sit	General Session	Skiing and teaching experience	24
Tuesday 12/5 4:30-5:30pm INDOOR	Virtual Snowsports - PSIA Member School Managers and General Session Course	Technology can help you solve the challenge of engaging folks in adapted sports. Learn about using a simple cell phone and headset combo to introduce activities to prospective participants in a non-intimidating manner or as a tool to support learning for guests with special needs. <b>Companion Clinics: All AAM and PPM one-hour sessions. Free!</b>	Admin	General Session	None	50
Wednesday 12/6 8:00am-9:00am INDOOR	Prosthetics in Snowsports	Learn about several types of lower limb prosthetics and their safe use in snowsports. Need not be a school manager to attend. Companion Clinics: Prosthetics in Action! Wednesday AM; All AAM and PPM one-hour sessions. Free!	Admin	General Session	None	50
Wednesday 12/6 9:30am-12:00pm ON SNOW	Prosthetics in Action!	Take the information you gained from the early morning classroom session and bring it out onto the snow where best practices will be explored for use of prosthetics with a variety of alpine and snowboard equipment for successful and safe sliding. Companion Clinic: Prosthetics in Snowsports Tuesday AAM. Free!	Technical	General Session	Level 5 skiing or riding	10
Wednesday 12/6 9:30am-12:00pm ON SNOW	Adaptive Connection	Review American Teaching System foundations and how to adapt them to meet the needs of students with disabilities. Hands on teaching assists and a quick overview of simple adaptive appliances will round out this introduction to teaching adapted ATS.	Technical	200	Level 6 skiing or higher	10
Wednesday 12/6 9:30am-12:00pm ON SNOW	High Performance Skiing and Carving	Make your skis arc, slice, and trench! Ski the groomers at a variety of speed and intensity levels as you explore the fundamentals and their applications to carving and performance outcomes.	PI	300	Level 7 or higher skiing and experienced or certified instructor	10

Legend: General Session 300 Level 200 Level 400 Level Trainer

TIME	COURSE TITLE	COURSE DESCRIPTION	TOPIC	LEVEL	REQUIREMENT	CAP
9:30am-12:00pm on snow	Coaching Advanced Monoskiers on Varying Terrain	Learn how skill blend, tactics, equipment type and set up all play a significant role in helping advanced sliders become more dynamic and skilled on varying terrain. Companion Clinic: Seating Assessment and Solutions for Sit Down Skiers Tuesday PM.	Monoski	300	and experienced or certified instructor	10
Wednesday 12/6 9:30am-12:00pm INDOOR	Movement Analysis: A Base for Skill Development	Learn via video scenarios and discussion about guest profiles, observation of ski and body performance, and how to formulate lesson plans to help skiers reach their short and long-term lesson goals. Companion Clinics: Movement Analysis: On-snow Application Wednesday PM; Movement Analysis: Sitdown Skiers Thursday PM; Movement Analysis: Guests with Vision Loss Friday PM.		300	ATS teaching experience	24
Wednesday 12/6 9:30am-12:00pm ON SNOW	4-Track Wedge Success	Wedging is just better for some bodies! Learn about the stabilizing benefits of the wedge and how to best teach this progression for the greatest guest success. <b>Companion Clinic: Slider as a Stepping Stone Lessons Friday AM.</b>	4-T	300	Level 7 or higher skiing and 4-track teaching experience	10
Wednesday 12/6 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Basics of Biskiing with Hand-held Outriggers	Receive basic information about diagnoses, equipment fitting, safety and skill development for new bi-skiers using hand-held outriggers. Companion Clinic: Physical Evaluation and Seating Solutions for Sit-down Skiers Tuesday PM.	Biski	200	Level 6 skiing or higher and upper body stability and strength if planning to biski	9
Wednesday 12/6 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Snowboarding with Adaptations for Guests with Physical Diagnoses	Learn about physical diagnoses, snowboard equipment adaptations, and practice hands on assists, teaching techniques, skill development activities and progressions that will help your riders with physical diagnoses succeed on the slopes.	Snowboard	200	Level 6 or higher riding	10
Wednesday 12/6 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm	Fun-damentals Across Adaptive Equipment	Skiing fundamentals apply to all adaptive equipment options. No matter what equipment accommodates a person with a certain disability, skiing is still skiing. Learn how these fundamentals apply to making the ski(s) bend, tip, and turn.	Technical	300	Level 7 or higher skiing and experienced or certified instructor	10
Wednesday 12/6 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Turning Point	Got stand skiers who just can't seem to turn in one or both directions? If so, this clinic is for you. Learn about posture and alignment, equipment selection and set-up, motivation, fear and technical aspects of turning. Lots of hands-on practice will occur and attendees will be smiling in both directions at the end of this session.	Technical	300	Level 7 or higher skiing and experienced or certified instructor	10
Wednesday 12/6 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Biski: Teach, Tether, and Ski Levels 1-5	Review physical assessment, seating set-up, drills and activities for biski skill development, and tethering biskiers on terrain up to the intermediate level. This clinic is for experienced tetherers only. Plan to ski in the bi-ski as well as tether. Companion Clinic: Seating Assessment and Solutions for Sit Down Skiers Tuesday PM.	Biski	300	Level 7 or higher skiing plus tethering experience	9

Legend: General 200 Level 300 Level 400 Level Trainer Page 5 of 10 Session TIME **COURSE TITLE TOPIC** LEVEL REQUIREMENT CAP **COURSE DESCRIPTION** ID Level 6 skiing or higher Wednesday 12/6 Intellectual Diagnoses: Successful Learn about various intellectual diagnoses and how accurate physical General and teaching ALL DAY Lessons for Guests and Instructors assessments, clear understanding of cognitive abilities, behavior Session experience 9:30am-12:00pm **General Session** management strategies, safety precautions, teaching methodologies, and 1:30pm-4:00pm skill development activities will set up both guest and instructor for success. Clinic activities will take place both indoors and on the snow throughout the day. Level 7 or higher skiing Wednesday 12/6 **Movement Analysis: On-snow** Apply what you know from previous experience and movement analysis MA - Stand 300 10 and experienced or 1:30pm-4:00pm clinics to stand-up skiers on the hill. The group will consider guest Application certified instructor with motivation, understanding, and movement needs as well as assess ski and MA training body performance throughout the phases of the turn. Attendees will also participate in building and implementing lesson plans to promote skill development. Companion Clinic: Movement Analysis: A Base for Skill Development Wednesday AM. Wednesday 12/6 Ski the mountain with sit or stand riggers to learn about the three phases of Outriggers 300 Level 7 or higher skiing A New Phase in Outrigger Use and outrigger teaching 1:30pm-4:00pm Concepts contemporary outrigger use as presented in the new PSIA Adaptive Manual experience and how this positively affects progress. Wednesday 12/6 **Mogul Magic** If you think it takes smoke and mirrors to ski basic bumps then this clinic will PI 300 Level 7 or higher skiing 10 and previous experience 1:30pm-4:00pm set you up with the magic equation for engaging in fundamental movements skiing moguls and tactics to successfully ski entry-level bumps in a knee-friendly manner. Wednesday 12/6 **Independence Day: Stand Skiing** Open your mind to new ideas about freeing skiers of tip and tail retention Assists - Stand 300 Level 7 or higher skiing and experienced or 1:30pm-4:00pm devices, tethering, manual assists, and off-ski appliances to promote skier certified instructor independence. Practice assessing skier movements and recognizing true abilities for use as a basis for decisions on terrain selection, lesson activities, pacing and hands-off teaching methodologies that support safety, stability, and skill development. Wednesday 12/6 3-Track Foundations Receive an overview of skiing and teaching 3-track as you engage in ATS 3-T/4-T 200 Level 6 or higher skiing 10 1:30pm-4:00pm progressions for new learners, skill development activities and learn about commonalities between all outrigger disciplines and alpine skiing. Companion Clinic: 4-Track Foundations Tuesday AM. Wednesday 12/6 Level 6 or higher skiing 10 **Exceptional Instruction** This interactive session will provide insights and activities to support the Teaching General skills 1:30pm-4:00pm foundational elements of fabulous lessons. Instructor and student learning session partnerships, learning preferences and complimentary teaching styles, teaching cycle to enhance learning, pacing lessons, and instructor and student safety will be addressed in this on-snow clinic. Wednesday 12/6 None Snowsports Schools Forum I - PSIA Join this session to hear opinions from program director and manager Admin General 50 4:30pm-5:30pm **Member School Managers and General** panelists on volunteer related topics such as qualifications, background Session Session screening, assessing skills, safety training and addressing volunteers under the influence. Need not be a school manager to attend. Companion Clinic: Snowsports School Forum II Thursday AAM. Free! Thursday 12/7 Snowsports Schools Forum II - PSIA Engage in breakout groups to discuss biski related topics such as tether Admin General None 50 8:00am-9:00am Member School Managers and General technologies, runaway biski procedures, and instructor fitness, fatigue and Session Session injury. Need not be a school manager to attend. Companion Clinic: Snowsports School Forum I Wednesday PPM. Free!

Legend: General Session 300 Level 400 Level 200 Level Trainer

TIME	COURSE TITLE	COURSE DESCRIPTION	TOPIC	LEVEL	REQUIREMENT	CAP
Thursday 12/7 9:30am-12:00pm ON SNOW	Born this Way: Lessons for Guests with Intellectual Diagnoses	Each guest is unique and has different abilities and challenges. Learn how to perform a simple assessment to gather information on cognition, communication and learning preferences, behavior considerations and safety precautions. Practice using this information to create and implement pathways for beginner skill development of these unique learners.	ID	300	Level 7 or higher skiing and experience teaching adapted lessons	10
Thursday 12/7 9:30am-12:00pm ON SNOW	Program Managers Group Ski and Share Session I - PSIA Member School Managers Track Course	Join a PSIA/AASI RM Adapted Snowsports committee member and representatives of adapted snowsports schools from across the nation for an on-snow ski or ride session to explore evidence based practices, research projects and data collection, resort relationships and etiquette, venue accessibility, safely managing lessons in public spaces, and effectively using available areas on the slopes. This clinic may be used to obtain PSIA Member School Management credit in RM and possibly your Division, too. Companion Clinics: Program Managers Group Ski and Share Session II Thursday PM and all AAM and PPM one-hour sessions.	Admin	400	Level 7 or higher skiing and program management involvement	20
Thursday 12/7 9:30am-12:30pm ON SNOW	Teaching and Learning	The human brain and its capacity to learn is amazing! Participate in on- snow activities during this interactive session to better understand learning preferences and how to teach to each one for guest success!	Teaching	General Session	Level 6 or higher skiing	10
Thursday 12/7 9:30am-12:00pm INDOOR	Physical Assessment for Adaptive Equipment Selection: Stand-up Skiers	This active indoor clinic offers information and practice for performing basic physical assessments on stand-up skiers to gain information about the how the guest's body works and what equipment and fitting processes will best ensure safety and success on the snow.	Evaluation - Stand	General Session	None	24
Thursday 12/7 9:30am-12:00pm ON SNOW	4-Track Direct Parallel Skiing	Four-track skiing is a terrific option for guests with balance and/or posture challenges who want to stand-up ski. Practice skiing 4-track with various outrigger configurations while reviewing equipment set-up, learning when and how outriggers may be removed and participating in skill development activities for direct parallel learning progression. Companion Clinic: 4-Track Wedge Progression Thursday AM.	4-T	300	Level 7 or higher skiing and 4-track skiing and teaching experience	10
Thursday 12/7 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Insight: Teaching and Guiding Skiers with Blindness or Low Vision	Get the teaching and guiding basics needed to provide safe and successful lessons to new skiers with blindness or low vision. Attendees will engage in significant amounts of teaching and guiding practice.	BLV	200	Level 6 or higher skiing	10
Thursday 12/7 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Learn to Teach and Ski: Monoski	Learn about several diagnoses associated with monoskiers, physical assessment, equipment selection and fitting and beginning skill development activities that promote balanced movement and entry level turns. Companion Clinic: Seating Assessment and Solutions for Sit Down Skiers Tuesday PM.	Monoski	200	Level 6 or higher skiing skills	10

Legend: General Session

300 Level

200 Level

400 Level

Trainer

TIME	COURSE TITLE	COURSE DESCRIPTION	TOPIC	LEVEL	REQUIREMENTS	САР
Thursday 12/7 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Monoski: Teach and Assist Levels 4-6	This in-depth review of processes to ensure success for your monoskiers covers physical assessment, equipment selection, set-up, and creating a solid foundation using fundamental movements that will support future skill development. Companion Clinics: Monoski: Teach and Assist Levels 1-3 Thursday AM/PM; Monoski: Teach and Assist Levels 7-8 Friday AM/PM.	Monoski	300	Level 7 or higher skiing and monoski teaching experience	10
Thursday 12/7 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Tactical Tethering of Fixed Rigger Biskis	Seasoned biski tetherers will add to their experience resume after this session full of information and practice on tactical decision making and action taking while tethering in crud and on cat tracks, double fall lines and other challenging terrain. Attendees will also learn how terrain and tether use can positively and negatively affect skier skill development and enjoyment.	Assists - Sit	300	Level 7 or higher skiing skills and biski tethering experience	9
Thursday 12/7 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm INDOOR & ON SNOW	Joyful Skiing for People with PTSD and Brain Injury	Learn about the cognitive, affective and physical effects of PTSD and Brain Injury and practice applying the information to goal setting, behavior management and small group lessons in changing physical and social environments. This clinic will alternate indoor and outdoor venues all day.	ID	General Session	Level 6 or higher skiing or riding and experience teaching skiing or riding	10
Thursday 12/7 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	The Art of Providing Feedback - Trainer Level Course	Tools for providing feedback to clinic attendees include many things like learning preferences, communication skills, MA, developmental and corrective activities, demos and more. Learn how to effectively blend these components to give non-threatening and positive information to instructors for growth and development as teachers and coaches.	Training	Trainer	Clinic leader or trainer at your school and Level 8 skiing or higher	10
Thursday 12/7 1:30pm-4:00pm INDOOR	No Snow? No Problem	Warmer weather and later opening dates are challenging schools to produce innovative training programs off snow that support all facets of adaptive instructor education. Learn about and share ideas for dryland training activities in this dynamic and participatory indoor clinic.	Technical	300	Ski instruction and/or training experience	16
Thursday 12/7 1:30pm-4:00pm ON SNOW	Ski(s) Performance: When Skis Interact with the Snow	This session will lead you through the common actions of the skis: sliding, slipping, skidding, carving, turning, steering, pivoting, and the value of each during ski/snow interaction. Play with one of PSIA's 5 Fundamentals of Alpine Skiing: "Regulate the magnitude of pressure created through ski/snow interaction."	PI	200	Level 6-7 skiing skills	10
Thursday 12/7 1:30pm-4:00pm on snow	Movement Analysis: Sit-Down Skiers	Apply what you learned from the Wednesday morning indoor MA as a Base for Lesson Development clinic (or other training) to sit-skiers on the hill. The group will also engage in technical discussion and exercises for skill expansion. Companion Clinic: Movement Analysis: A Base for Skill Development Wednesday AM.		300	or riding and previous experience with sit skiing	10
Thursday 12/7 1:30pm-4:00pm on snow	Independence Day: Biski	Open your mind to new ideas about sit skier independence of tethering, manual assists and restrictive equipment configurations. Learn about and practice assessing true skier abilities and matching terrain, lesson progression and pacing, outrigger set-up and hands-off teaching methodologies to support safety, skill development and independence.	Biski	300	Level 7 or higher skiing and experience teaching sit skiing	

Legend: General 200 Level 300 Level 400 Level Trainer Page 8 of 10 Session TIME **COURSE TITLE TOPIC** LEVEL REQUIREMENT CAP **COURSE DESCRIPTION** Thursday 12/7 400 Level 7 or higher skiing 20 **Program Managers Group Ski and** Session II of this on-snow clinic welcomes new attendees or those Admin and program 1:30pm-4:00pm Share Session II - PSIA Member School continuing on from the morning session into this on-snow ski or ride session management **Managers Track Course** to explore new and innovative adapted snowsports products for ski and ride involvement schools, training and documentation, PSIA-RM-AASI educational and certification pathways and support systems and corresponding information from other divisions represented. This clinic may be used to obtain PSIA Member School Management credit in RM and possibly your Division, too. Companion Clinics: Program Managers Group Ski and Share Session I Thursday AM and all AAM and PPM one-hour sessions. Thursday 12/7 **Fully Equipped - PSIA Member School** Admin None 50 Join this interactive session to learn about all things adaptive equipment General 4:30pm-5:30pm **Managers and General Session** such as inventory systems, repairs, maintenance, scheduled inspections, Session loaning equipment, modifications and warranties. Need not be a school manager to attend. Companion Clinics: All AAM and PPM one-hour sessions. Free! Thursday 12/7 **RESNA Committee Meeting** Enjoy your drink and snack from the Copper Top while attending this Admin General None 50 industry equipment standards meeting that addresses current and future 5:30pm-7:00pm Session projects impacting equipment safety and use in our industry. Need not be a school manager to attend. Companion Clinics: All AAM and PPM one-hour sessions. Free! Friday 12/8 Helmets: Beyond the Basics - PSIA Got some helmet hassles in your programs? Learn about helmet compatible Admin General None 50 8:00am-9:00am Member School Managers and General listening systems, alternative helmets to address size and muscle strength Session Session and processes for easing the burden of helmet use by guests with sensory processing disorders. Companion Clinics: All AAM and PPM one-hour sessions. Free! **Biski Skid or Carve?** Level 7 or higher skiing 9 Friday 12/8 Biskis are carving machines but versatility is the name of the game for Biski 300 and previous experience 9:30am-12:00pm biskiers and biski tetherers looking to advance their skills and safely enjoy teaching and tethering varying terrain and conditions. Practice teaching and tethering skidded turns biski and making tactical decisions about where and when to use skidding versus carving during this highly active clinic. Skid row can be a great place to be as a biskier! Friday 12/8 **Bump it Up!** Mini-mogul kings will "bump it up a notch" in this session and explore ы 300 Level 7 or higher skiing 10 and previous mogul 9:30am-12:00pm fundamentals needed to control speed and turn shape to gain comfort in skiing experience moguls of magnitude and interesting shape on black runs of length. Friday 12/8 Insider Knowledge: Biski You have shared your needs and desires with biski manufacturers and they Level 6 or higher skiing 10 Biski General skills and sit ski teaching 9:30am-12:00pm have listened and designed. Join this on-snow group with a clinic leader and Manufacturers Session

equipment manufacturers for a look at biskis recently introduced to the

Safety, fun, and learning! The mantra of PSIA-AASI and DSUSA takes on a

different meaning depending on the audience. Younger guests require

instructors to get creative. Explore ways of learning through play and

adventure to make the experience FUN for everyone.

market.

FUNdamentals for Kids: A Kids'

Approach to Skiing

Friday 12/8

9:30am-12:00pm

**ON SNOW** 

experience

and teaching

experience

General

Session

Teaching

Level 6 skiing or higher 10

Legend: General 200 Level 300 Level 400 Level Trainer Page 9 of 10 Session TIME **COURSE TITLE TOPIC** LEVEL REQUIREMENT CAP **COURSE DESCRIPTION** The versatile slider device accommodates many skiers and their sliding Level 7 or higher skiing Friday 12/8 Slider as a Stepping Stone Lessons Slider General and experience teaching 9:30am-12:00pm needs but is often viewed as a final device. Practice skiing and teaching Session adaptive skiing slider progressions and tethering the device as well as implement developmental plans to help guests move toward outrigger use or independence of any hand-held device. Companion Clinic: Physical Assessment for Adaptive Equipment Selection: Stand Up Skiers Thursday AM. Level 7 or higher skiing 10 Friday 12/8 **Picture Perfect** Eighty percent of learners take information in visually so why not present PΙ 300 the best image possible to your guests when providing demos in lessons? 9:30am-12:00pm You will receive lots of feedback in this relaxed atmosphere clinic which will have you thinking, doing and grinning your way through milestone maneuvers and tasks on skis. A terrific session for those planning to attend certification. Friday 12/8 Nordic News I at Breckenridge Nordic News Flash! Nordic skiing sheds its' image as a grueling sport for fitness Nordic Basic proficiency in 10 General Nordic skiing 9:30am-12:00pm Center fanatics. Recreationalists of all abilities now recognize Nordic skiing as a life-Session long sport for friends and family in a relaxed and peaceful setting. Part I of this series provides information on sit skiing equipment, assists, sit skiing fundamentals and ski jouring with dogs. Equipment rentals available at Nordic Center. Companion Clinic: Nordic News II Friday PM. Level 7 ski or ride skills Friday 12/8 **Bodies in Motion: Anatomy and** A light review of human anatomy and physiology combined with disability Technical 300 9:30am-12:00pm **Physiology in Adapted Snowsports** info will help attendees recognize factors that influence movement and safety during snowsports. The group will ski and ride to identify replacement movements that can help a body get the job done on the snow. Snowboard Level 7 or higher riding 9 Friday 12/8 **Tethering Bi-skis from a Snowboard** Learn the intricacies of safely seat assisting a biskier, tether management, 300 ALL DAY tethering biskiers on beginner slopes, and negotiating terrain changes and 9:30am-12:00pm connector trails while tethering from a snowboard. 1:30pm-4:00pm Level 6 or higher skiing 9 Friday 12/8 **Biski Tethering Basics** Review safe chairlift loading and unloading, appropriate use of seat assists, Assists - Sit 200 ALL DAY and practice righting fallen skiers, managing the tether, and using the tether 9:30am-12:00pm for safety and control of the biski on green slopes. **Companion Clinic:** 1:30pm-4:00pm Introduction to Biski Tethering Skills Tuesday PM. Monoski: Teach and Assist Levels 7-8 This in-depth review of all processes to ensure success for your monoskiers Monoski 300 Level 7 or higher skiing 10 Friday 12/8 and monoski teaching ALL DAY covers physical assessment, equipment selection, set-up, and creating a experience 9:30am-12:00pm solid foundation using fundamental movements that will support future skill 1:30pm-4:00pm development. Companion Clinics: Monoski: Teach and Assist Levels 1-3 Tuesday AM/PM; Monoski: Teach and Assist Levels 4-6 Thursday AM/PM. Friday 12/8 Hands-On Bi-ski Tethering II Take your biski tethering skills to masterful levels in this session with the Assists - Sit 300 Level 7 or higher skiing and biski tethering ALL DAY pros where you will practice augmenting biski movements through refined experience use of the tether, working tether lines in tandem with a skier who uses one 9:30am-12:00pm 1:30pm-4:00pm or no outriggers, and skillfully negotiating upper level terrain. Companion Clinic: Hands-On Biski Tethering Clinic I Tuesday AM/PM.

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TIME	COURSE TITLE	COURSE DESCRIPTION	TOPIC	LEVEL	REQUIREMENT	CAP
Friday 12/8 ALL DAY 9:30am-12:00pm 1:30pm-4:00pm ON SNOW	Masterful Clinic Management -Trainer Level Course	Characteristics of effective presentations and training sessions include creating a positive learning environment, building rapport among all participating, addressing group dynamics, productive sharing, managing personalities, timing, group movement, safety, info delivery, and organization. Practice doing all of the above in this active session.	Training	Trainer	Clinic leader or trainer at your school and Level 8 skiing or higher	10
Friday 12/8 1:30pm-4:00pm ON SNOW	Hack My Lesson: Stand	Lesson hacks in adaptive skiing are more than short cuts, they are work arounds based on sound teaching, technical and learning principles. Learn about and practice ingenious teaching and technical hacks that can help you and your stand-up beginner to intermediate skier work less and achieve more. Insights will come from our top-notch clinic leader and also from you, so plan to share your best hacks and show how they stand up to ATS and teaching and learning foundations.	Teaching	General Session	ATS training and teaching experience	10
Friday 12/8 1:30pm-4:00pm ON SNOW	Mileage and Reflection	Practice and reflection are important but rarely reinforced aspects of skill acquisition. Get focused practice time with lots of mileage under the skillful eye of a PSIA-AASI Alpine Team member. Reflect on your performance focus with your coach, and receive feedback on your progress. Prepare for lots of mileage!	PI	300	Level 7 or higher skiing	10
Friday 12/8 1:30pm-4:00pm ON SNOW	Easy Entry to Bump Skiing	Bump up your desire to ski mini-moguls by learning to use techniques and tactics that support a knee-friendly and fun time in small mogul fields.  Come ski and learn in this enjoyable and non-intimidating bump session!	PI	200	Level 7 or higher skiing	10
Friday 12/8 1:30pm-4:00pm ON SNOW	Movement Analysis While Guiding Skiers with Vision Loss	Instructors of guests with vision loss must multi-task to address all facets of teaching while also guiding their skiers. Receive information on and practice systems for implementing MA on the move to address ski and body performance throughout the turns of skiers with vision loss. Companion Clinic: Movement Analysis: A Base for Skill Development Wednesday AM.	MA - VI	300	Level 7 or higher skiing, guiding experience and MA education	10
Friday 12/8 1:30pm-4:00pm ON SNOW	Advanced Tethering for Biski	This clinic will occur in carefully selected on-snow environment and offer information and practice in advanced tethering techniques for heavier biskiers, steeper slopes, double fall lines, challenging snow conditions, and biskiers using no fixed or hand held outriggers at all.	Assists - Sit	300	Level 7 or higher skiing and deep experience tethering	9
Friday 12/8 1:30pm-4:00pm INDOOR & ON SNOW	Nordic News II at Breckenridge Nordic Center	Part II of this series provides info on and practice with stand-up Nordic skiing and physical assessment, equipment selection, body alignment and methodologies for working with people with TBI, PTSD and amputation. Equipment rental at Nordic Center. <b>Companion Clinic: Nordic News I Friday AM.</b>	Nordic	General Session	Basic proficiency in Nordic skiing skills	10
Friday 12/8 1:30pm-4:00pm on snow	Group Monoski Lesson: Experience the Fun!	Experience equals understanding! Get into a monoski and join this group lesson. We'll play games and participate in activities on the flats and easy green slopes to develop skiing skills. You are sure to have some laughs and gain greater insight into teaching new monoskiers. You may attend this clinic on the sliding tool of your choice if you do not want to monoski.	Monoski	300	Stable upper body and arms, ability to sit in a monoski, and monoski teaching experience	10
Friday 12/8 1:30pm-4:00pm ON SNOW	Ski Tuning for Performance	Ever wonder why skiers get their equipment tuned to different specifications? Join this on-snow clinic to explore several types of tunes and how they support or prevent skill development and success on the hill for everyone from competitive athletes to recreational skiers using all forms of adaptive sliding equipment.	Technical	General Session	Level 6 or higher skiing	10